



**NEO ALBANIA**  
National Erasmus+ Office of Albania

# “Erasmus+ my story to tell”

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Home Institution: University of Elbasan “Aleksandër Xhuvani” .

E+ Programme: Exchange Students

Host Institution: University of John Paul II Catholic University of Lublin

Period: February 2019- July 2019

## My Journey towards Erasmus+

My name is Adelina Deda, student at University of Elbasan “Aleksandër Xhuvani”. I am studying Biology-Chemistry, Faculty of Natural Sciences.

In short, it was an experience I will remember for the rest of my life. Firstly, when I heard about Erasmus + program, I thought that it was one of my dreams I wanted to make true. I saw this program like a new experience for my life, and I really wanted to be part, because I am a person who likes to find out new things, and in that way I could improve my communication skills in the English language, also for me Erasmus + was like an opportunity to go abroad, without my parents even though I was a bit afraid, but this was the beginning of living independently far away from my country and my family. For me Erasmus +, is the perfect opportunity to both learn and develop yourself through new experiences in more than one country.



## My Erasmus My Lublin

I was very lucky for being a student at KUL, because I did not only gain knowledge from books but area also exposed to experiments to better understand the practical knowledge. The laboratories were equipped with the most modern, standard and sophisticated equipments. The equipment were available in abundance. The chemicals and specimens available were always fresh and latest. Every scientific concept was clarified in the laboratory by our highly educated teachers. Lab equipments allowed me to interact directly with the data gathered. The lab courses allowed me to perform experiments hands on and now I can be confident about my knowledge and lab skills.



What I admire the most there was the support and guidance given by the lecturers, they were very nice lectures and so academicians and that is an advantage for the students. My experience at KUL is exemplified by the incomparable support that I received from the lecturers and the incredible friends I have made there. That is why I really appreciate this experience.

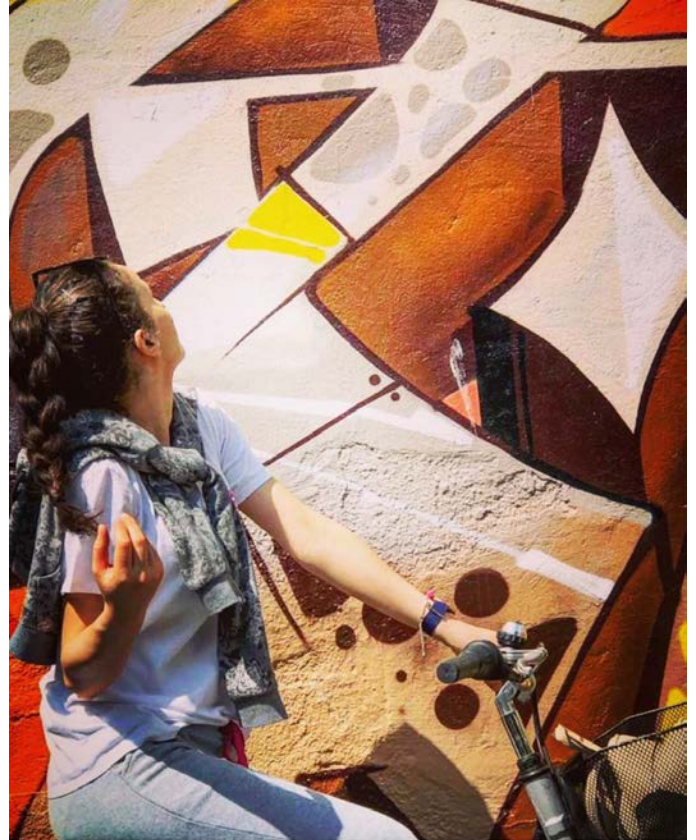
## Student Life

I wanted to gain new knowledge and new experience for my future career, new skills, I wanted to broaden my horizons physically and mentally, to grow my personality. Now I am happy because I really made my dream true.

Erasmus + program was my chance to give the best of me, to see how I could get by in a different place, with different people, a different language, and a different university. I was not sad at all, maybe a bit scared at first and, above all, disorientated. Soon I got rid of the chains of doubt and I came to realize that I was free to do whatever I always wanted to do. That does not mean going wild, squandering my scholarship and my parents' money, but being motivated to try new things. Also, I have met so many people that I am still in touch with, made some wonderful experiences, met some good friends and learnt about new languages and cultures.

I can only say that it is probably one of the best decisions I have ever made.

I want to apply again for Erasmus + Credit mobility. Being part for a second time of a new society, in which I will discover new habits, learn new things and re-educate myself is an amazing experience. So, the person I will become will be more open towards new, more tolerable and in general more appreciating about life. Because Erasmus+ is much more than just studying abroad and discovering new people; it is about rediscovering a better version of ourselves.



## The traveling

If you want to spice up your life, one method is to become a part of Erasmus+ life. For this, you should apply to this program, so I would strongly recommend applying for Erasmus+ program, because it will help participants at all stages of their lives to pursue stimulating opportunities for learning across Europe.

Firstly, you will be more specialized for your future because the academic staff there is very professional. Secondly, you will have the opportunity to visit a lot of countries and cities, like Lublin the city where I studied. Lublin is such an amazing city, where you can find wondrous places, incredible people, and during your staying here you will learn a lot of new things. So be part of this Erasmus+ program because it will be like a new door which is waiting to be open, and if you have any doubt, do not wait anymore but go and try yourself and this wonderful experience.