



NEO ALBANIA
National Erasmus+ Office of Albania

“Erasmus+ made me a better person”

Student: Adelina Nika

Home Institution: University of Vlora “Ismail Qemali”

E+ Programme: Exchange Students

Host Institution: Jan Kochanowski University of Kielce,
Poland

Period: February 2019 - July 2019

My Journey towards Erasmus+

My name is Adelina Nika, this year I closed my Bachelor studies in Foreign Languages (ENGLISH). Since high school I have heard from mythical people about the Erasmus program and since then my desire has been very great to participate for a long time. In the second year in our class came the head of the department who informed me about Erasmus, and which addressed in great detail the process of this program. At any time, the office staff was ready to help me with the information I needed to complete the procedures to be followed. I applied to the program in December 2018 and in January 2019



was declared the winner. I can say with the utmost conviction that applying for Erasmus has been the best choice I could have made in my entire life. But I can say that the preparation of documentation has been a bit tedious and difficult procedure, but the ERASMUS Office has helped me at every moment, by me

helped to include all the necessary documents for the application, those required by the host institution but also with the Learning Agreement. But everything was completed successfully.

From the moment I applied for the Erasmus scholarship I was optimistic, I was very happy and very ready for this new experience, I was not afraid at all about life away from family because I have lived before and adapted. And the days passed in the blink of an eye without realizing it at all and the moment to start my new adventure had come.

My experiences in Kielce

Immediately after getting off the avionic, I found myself in a very different environment from the one we have here and a very cold weather but I had the feeling that everything would go super well and I would have a really nice time.

The city was very beautiful and if I was given a chance to leave again, I would not think at all, but I would accept more desire. What surprised me the most was the dormitory where we lived, I had the good fortune to find it without any difficulty thanks to the reception staff it was a dormitory complete with everything.

I could say that of course part of the experience of this exchange is not only school, but also free time. And super beautiful moments that I can remember is when we all gathered in the corridor of the dormitory drinking some alcohol some coffee (I will tell you), playing different games and threatening too much and dancing OROBO for incoming foreign student, but also we learned there was dancing tradition that they did for each

other's stunts, we shared our experiences. Not only did we get to know each other better, but we also got to know ourselves better because you are independent and need to manage your time better.



The city of Kielce had an intersection between the old and the new. This experience shaped me a lot, not only professionally but I was also formed as a better individual, ready to face various problems.

Nothing is difficult if you really want something. All people are afraid, but if you are going to create very beautiful moments then you have to dare. You have to dare to understand if you really want those dreams of yours. And I want to point out that ERASMUS opened many doors for me in every aspect of life.

I would like to talk non-stop about the benefits that Erasmus brings, but I suggest you apply, earn and understand for yourself all of this from the experience you will have.



I would just tell you to let go of any fears and anxieties you have about not getting to Erasmus because it only occurs in your mind Erasmus is one of the most beautiful things you can do. I urge you to apply as much as possible...

"While I was out, I found the courage I never knew I had. I discovered that the farther I went from home, the closer I managed to find myself. "